

The Ketterman "What color is Your Temperament?"
A Screening Inventory for Self-Discovery © 1997 All rights reserved.
 By D. Ketterman, Ph.D., Licensed Educational Psychologist

Name _____ Sex _____ Age _____ Date _____

Directions: Read each sentence below. Choose the number from the key below that tells how you naturally are, i.e. your innate nature, NOT how you think or feel someone else wants you to be. Select the number from 0-5 that best describes you; then, write the chosen number on the line provided at the right of each statement. Do not think of yourself in a particular role when you complete this. There are no right or wrong answers. The goal is to discover your natural preferences so you can use this information to experience more success in all areas of your life.

<u>NUMBER KEY (Side one)</u>					
Never	Almost Never	Less Than Half of The Time	More Than Half of The Time	Almost All The Time	Always True
0	1	2	3	4	5
(0%)	(20%)	(40%)	(60%)	(80%)	(100%)

1. I am naturally organized. I create order and structure in my life. _____
2. I need to do fun and exciting things in my life. _____
3. I value gaining knowledge. I want to spend my time learning more about what interests me. _____
4. I like it when everyone around me gets along and does not argue or fight because I need and value harmony. _____
5. I need others to show that they really care about me. _____
6. I am curious. I like to ask questions and want to know why. _____
7. I need change and excitement in my life, or I become bored. _____
8. I like to plan ahead. I need to be prepared ahead of time. _____
9. I like to think deeply about subjects that interest me. _____
10. I am naturally impulsive. I often do things without thinking first. _____
11. I naturally care about people and need them to care about me. _____
12. I naturally do what is right and like to follow the rules. _____
13. I like to take risks and that sometimes gets me in trouble. _____
14. I need to be treated so I feel special and important to others. _____
15. I live a cautious life. I need to be safe and avoid danger. _____
16. I like to tell others what I know and have learned in my life. _____
17. I like to make lists and follow them to accomplish many things. _____
18. I really want to be friendly and get along with everyone I know. _____
19. I hate to make mistakes. I need to have the right answer. _____
20. I go all out to win. I like activities that are physical and competitive. _____
21. I learn and work best when by myself rather than in a group. _____
22. I need freedom and flexibility. I hate following other people's rules. _____
23. I like to belong to clubs and groups that do good deeds. _____

NUMBER KEY (Side Two)					
Never	Almost Never	Less Than Half of The Time	More Than Half of The Time	Almost All The Time	Always True
0 (0%)	1 (20%)	2 (40%)	3 (60%)	4 (80%)	5 (100%)

24. I am naturally sensitive. I get my feelings hurt easily. _____
25. I need to learn and do things by following a schedule and routine. _____
26. I want to make the world a better place for others because I care. _____
27. I am naturally playful and have a good sense of humor. _____
28. I like to spend time alone so I can think and analyze my thoughts. _____
29. I love it when people work together and cooperate. _____
30. I enjoy entertaining others and making people laugh. _____
31. I need to be responsible and have others see me as responsible. _____
32. I enjoy thinking and using my mind to solve problems. _____
33. I like to spend time helping others get along and feel happy. _____
34. I am a natural problem-solver and enjoy analyzing problems. _____
35. I desire excitement and adventure. I crave feeling a "rush". _____
36. I need to do what is right. I have a strong sense of right and wrong. _____
37. I have difficulty sitting still and being attentive for long periods of time. _____
38. I am affectionate and nurturing in my relationships. _____
39. I really value intelligence. Others see me as intelligent. _____
40. I complete my work before I relax or play. Work comes before play. _____

Column Totals from Side Two

Total your answers for each of the four columns on side one and side two of this inventory. Record your column totals in the spaces provided below.

Column Totals From Side One

Column Totals From Side Two

Column Totals for Side One and Side Two

Keirsey Temperament Color Key:

Green = Rational NT *Orange* = Artisan SP

Blue = Idealist NF *Gold* = Guardian SJ

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
G	O	G	B
O	R	R	L
L	A	E	U
D	N	E	E
	G	N	
	E		

My Personality Temperament Color Spectrum Results:

(From highest color scores to lowest color scores, i.e. "My True Colors" ®*)

1. Color _____ Score _____ (50 max.)(Highest/Strongest)
2. Color _____ Score _____
3. Color _____ Score _____
4. Color _____ Score _____ (Lowest/Weakest)

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